



## Me and my doctor - checklist

Doctors ask lots of questions.

They want to know your signs of sickness.

The doctor might ask if you have been:



- Thirsty
- Tired
- Hungry
- Hot
- Cold
- Sweaty
- Throwing Up



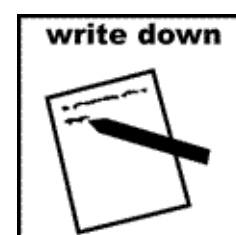
- Itchy
- Pooing lots
- In pain
- Bleeding
- Hurting
- Coughing
- Sore

The doctor might also ask about:

- Medication
- Feelings
- Your Family
- How long you have been sick
- When you feel sick
- If you have felt like this before



- You might write down your signs.
- This way you can remember to tell your Doctor.
- Or you can tell someone you know.
- It is good to be able to talk about feeling sick.






## The doctor might try doing other things to find out more.

These might be:

- A blood Test
- Take your temperature
- An X-ray
- Testing your poo or wee
- Seeing a special doctor - a specialist



## Some Questions you might like to ask your Doctor might be:

 Why am I sick?

- How long will I feel like this?
- How can I stop the pain?
- What things can I do to feel better?



Can you write down the info for me? Please P-R-I-N-T

- When should I come back?
- Who else can help me?
- Can you explain the info again?
- Where else can I get some more info?

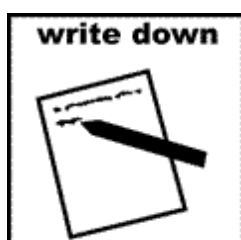


Can I have some time to think about things?

## Maybe you have some questions of your own?

Write them down here and ask your doctor next time you visit.

Get help if you need to.



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